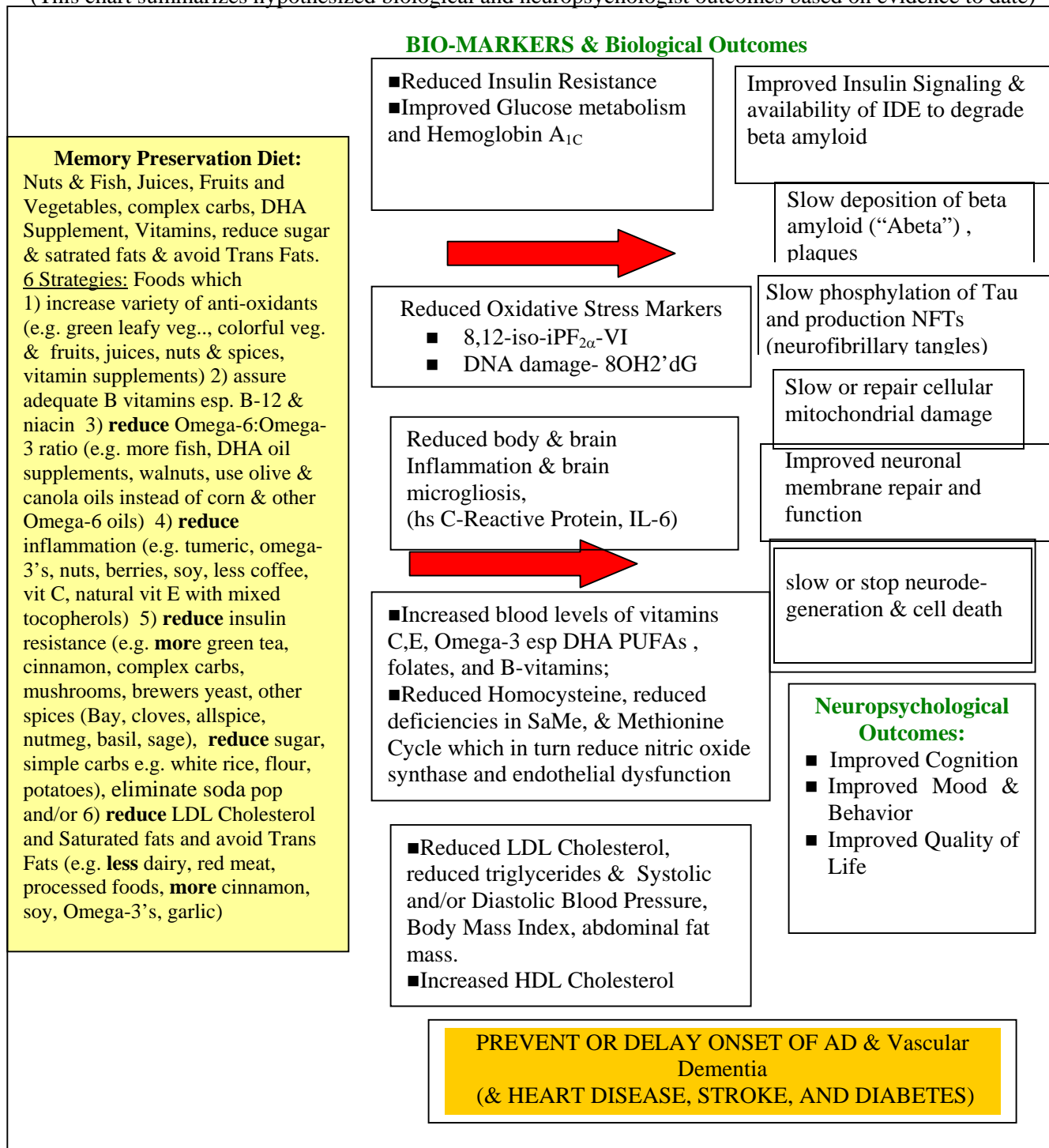


# Memory Preservation Nutrition® Conceptual Model<sup>1</sup> © 2005-2009

(This chart summarizes hypothesized biological and neuropsychologist outcomes based on evidence to date)<sup>1</sup>



<sup>1</sup> Emerson Lombardo, NB. Volicer L. Martin A, Wu B. Zhang XW. Memory preservation diet™ ©2005 to Reduce Risk and Slow Progression of Alzheimer's Disease (AD) . in Vellas B, Grundman M, Feldman H, Fitten LJ, Winblad B, editors, *Research and Practice in Alzheimer's Disease and Cognitive Decline*, vol 9, 2006.

<sup>1</sup>The Memory Preservation Diet ® © 2005, 2006 Nancy B. Emerson Lombardo was developed by Nancy Emerson Lombardo, Ph.D. (Boston University School of Medicine, Dept. of Neurology, ENR Veterans Administration Medical Center/Bedford MA & Health Care Insights, LLC). Earlier versions assisted by Antonio Martin MD Ph.D. Visiting Scientist at both Tufts University USDA Human Nutrition Research Center on Aging (HNRC) and University of Granada in Spain, with the help of an interdisciplinary team comprised of Ladislav Volicer MD PhD of School of Aging Studies, University of South Florida, and Professor Xiu Wen Zhang of Cambridge MA

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